

CHAPEL STAFF:

Fr. Isaac Abu. OMV Fr. James Doran, OMV Fr. Michael Warren, OMV

Sundays:

Fr. James Walther, OMV Fr. Sean Morris, OMV

Pastoral Associate: Isabelle Maria, CFP, CKA

Music Director: Michael Enwright Music: Saul Garcia, Cesar Garcia, Christina Roberts

Cleaning of Chapel Environment: Nubia Viasus

The Pope's Prayer Intention for August:

Let us pray for the Church, that she may receive from the Holy Spirit the grace and strength to reform herself in the light of the Gospel.



SCHEDULE

Sunday Masses:

Saturday Vigil 4:00PM, 5:30 PM, (en español)

Sun. 8 AM, 9:15AM, 10:30AM, 11:45AM, 1:15 PM (en español), 4:00PM, 5:30PM

Weekday Masses:

Mon.—Fri. 8:00AM, 12:05PM, 4:45PM Saturday 9:00AM, 12PM

Confessions:

Mon.—Fri. 11:15 -11:50AM, 12:45-4:15PM Saturday 9:30 - 11:45 AM, 12:45-3:30PM

Devotions:

Tuesday after Mass: Our Lady Wednesday after Mass: St. Joseph Thursday after Mass: St. Jude

Exposition of the Blessed Sacrament: Mon.—Fri. 8:30-11:50AM, 12:30-4:30PM: **Sat.** 9:30-11:30AM, 12:30-3:30PM; **Sunday** 2:30-3:30PM

Gift Shop Hours:

Monday—Friday 10:00AM - 5:30PM; **Saturday** 9:30AM - 6:30PM*; Sunday 8:45AM - 6:30PM* (*Closed during Sun. and Sat. Vigil Masses)

CONTACT US

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SFChapel



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Cover Art:

Moses with the Ten Commandments, 1659. Oil on canvas. Staatliche Museen zu Berlin, Gemäldegalerie, Berlin. Photo by Lluis Ribes Mateu



Reflection by Bro. Jonas Verdeflor

What lurks underneath?

I ask myself that whenever I pull up a weed. For 70 minutes a day, I weed the grounds at St. Joseph Retreat House. What is underneath reveals many things. Usually, a small weed has small roots, and a big weed has big roots. But sometimes, a big weed in rocky soil has small roots. Other times, a small weed has big roots. It was never pulled out completely. The remaining root grows bigger and sprouts verv auickly.

An example of powerful roots is Japanese knotweed. This prolific plant creates an underground network of roots that allows this weed to create more roots and more shoots. Even a fragment of a stem can sprout. The only solution is to remove the plant and the underground system of roots.

In today's Gospel, Jesus says, "Look at what lurks underneath." He warns about solely focusing on exterior behavior. Yes, exterior behavior does matter. People should act morally and correct sinful acts. However, a sole focus on the externals is like me pulling only the weeds seen on the surface. The bad behavior comes back. But Jesus recommends examining the wounded heart: the root of bad actions.

"From within people, from their hearts, come evil thoughts, unchastity, theft, murder, adultery, greed, malice, lies, licentiousness, envy, blasphemy, arrogance, folly. All these evils come from within and they defile" (Mk 7:21-23).

What lurks underneath in the heart?

There lie wounds where a person had sought love and received either nothing or pain. Failure to bring that hurt to Jesus allows the wound to fester with lies about our identity and false beliefs about others. Those thoughts power sinful behaviors, which Jesus lists, to cover the hurt, .

Failure to tend to the heart means that bad habits stubbornly persist. We Christians can become frustrated over the lack of progress. Sometimes, we give up trying to overcome our faults. "Why bother?" We ask ourselves. "It has been there and will remain there."

But if Jesus says, "Look at the heart," he says his grace can transform the hurting heart. For example, a penitent can benefit in Confession by bringing up the reasons behind the sin.

Most of us still prepare for Confession as if we were 8 years old preparing for First Reconciliation: Name the sins. Receive counsel, penance and absolution. Do the penance and move on.

We need a thorough method for examining our sins. Fr. Josh Johnson suggests these steps to improve our examinations of conscience and our Confessions.

- * What is the sin?
- * What is the authentic desire before the sin?
- * How did that desire become twisted?

A Confessor can offer better counsel when the penitent brings the reasons for the sins.

Exposing the roots of bad behavior to God's grace in Confession allows a deeper healing than just naming the sins.

Bring that buried hurt into the heart to Jesus and let his merciful love heal and transform you.

Life at the Chapel



Fall 2021 Project Rachel Post-Abortion Healing Retreats

September 25, October 16 & November 20

"Project Rachel led me to a place of forgiveness and mercy. During the retreat, I realized the lasting impact of forgiveness. I knew God had forgiven me, and now I needed to forgive myself."— A Project Rachel retreat participant.

The Project Rachel ministry of the Archdiocese of Boston extends a special invitation to women suffering from the pain of a past abortion to attend a "Come to the Waters of Healing" one-day retreat. Fall dates are September 25, October 16 and November 20 from 9 AM to 5 PM. Locations are confidential. Limited to ten participants per retreat. For more information, contact Project Rachel at 508.651.3100 or help@projectrachelboston.com.

Collection for Haiti Earthquake victims

Cardinal O'Malley has requested that we raise funds to assist the Haitian people recover from the earthquake of August 14. Please put any offerings into the St. Anthony Bread for the Poor slot box found in the vestibule of the Chapel near the Tree of Life Memorial. God bless you for your generosity.

MASS INTENTIONS THIS WEEK

Sunday, Aug 29

8:00 AM +Alan Bogorad 9:15 AM +Gerald Warren 10:30 AM +Sheila Feitelberg 11:45 AM +Perina A. Estigy 1:15 PM Nolby Ruiz—Sanacion 4:00 PM +Alicia Ruiz 5:30 PM Holy Souls of Purgatory

Monday, Aug 30

8:00 AM For the Deliverance of Haiti& +Javenel Mose, Ex-President 12:05 PM +Ashli Babbitt 4:45 PM Marie Mansouri

Tuesday, Aug 31

8:00 AM Mr. & Mrs. Jason Allain **12:05 PM** Roya Mansouri & Huang Family

4:45 PM Holy Souls

Wednesday, Sept. 1

8:00 AM Mr. & Mrs. Jason Allain **12:05 PM** Coach Rich Dennison & Family **4:45 PM** Cecilia & +Antonio Ozaeta

Thursday, Sept. 2

8:00 AM +Mary & John Mahoney 12:05 PM +Conor Shea—5th anniv. 4:45 PM +Marie Thereze & +Georges Meloncourt

Friday, Sept. 3

8:00 AM Eva, Stephen & Aaron Young **12:05 PM** Virginia Arcidiacono—birthday **4:45 PM** +Janet Tonelli

Saturday, Sept. 4

9:00 AM Alfonso Alob—birthday 12:00 PM +Ercilia Nunez 4:00 PM +Patricia Conneely 5:30 PM +Joaquin Emilio y +Ana Maria Garcia

Prayer Before Mass



by Ven. Bruno Lanteri

My God, I offer you this holy sacrifice to proclaim, honor and glorify your infinite greatness, and in recognition of the supreme dominion which, as the first principle and last end, you have above all created things. I give you this homage for all those who still do not know you or do not want to recognize you.

I offer this too in thanksgiving for the benefits that I and all the world have received and will receive from your infinite goodness; in satisfaction for my sins and those of the whole world; to implore the graces that are necessary for my eternal salvation and for all mankind. Oh, my God, I offer to you the merits of Jesus Christ; grant me at this Holy Mass a profound adoration of him.

My God, my Creator, I implore you to grant me the grace of final perseverance. I know by faith that I do not deserve it, nor can I deserve it, but your Divine Son deserves it for me with all his virtues and with all the wounds he shows you in his Most Holy Body, on behalf of my wounded love. Amen.

Year of the Eucharist Missionaries!

The Archdiocese of Boston continues with the Year of the Eucharist until the Feast of Corpus Christi, June 19, 2022. We are looking for those faithful who are called by the Lord to become missionaries for the Eucharist at St. Francis Chapel.

What is a Year of the Eucharist Missionary?

It is someone who believes in the True Presence of the Body, Blood, Soul, and Divinity of Jesus Christ in the Eucharist and will dedicate him/herself to pray more, to participate in, and to promote the Holy Sacrament of the Eucharist.

Who can be a Year of the Eucharist Missionary?

We welcome anyone who is currently, or has been, a patron of the Chapel, whether living in Boston, or visiting, to join us as a Missionary, deepening your own love of the Eucharist, and praying for this Eucharistic Year to bear fruit in the whole Church. We want to invite others to a greater faith in the Eucharist, with adoration, and even to return to Holy Mass.

What does a Year of the Eucharist Missionary do?

Prayer, Participation, Promotion, Mission

- 1. **PRAYER** Commit to praying an additional 1% each day. That's 15 minutes. This can be done at home, in front of the Blessed Sacrament, by going to Mass, or reading Scripture, etc.
- Families and/or youth under 12 promise to say at least 3 prayers a day, such as the morning offering, grace before meals and a bedtime prayer.
- Consider committing to one holy hour per week (or two 30 minute sessions, for example)
- Participate in days of recollection/retreats and invite others to do the same.

- 2. **PARTICIPATION** Commit to helping with and attending Year of the Eucharist events at your parish, school, shrine, campus ministry, or ecclesial community.
- Consider ways to help homebound missionaries participate, such as picking them up to attend an event and/or having them assist with an administrative task.
- 3. **PROMOTION** Commit to witnessing to the power of the Eucharist in your life. You can do this a few different ways: give a witness talk at the end of Mass, on a video, or at a faith formation gathering; write something for the bulletin; make a picture to hang up at home, at church, or at school; spread the word about the Year of the Eucharist events.
- 4. MISSION Sharing our Eucharistic Faith
- Invite others to participate in adoration or to come to Mass. At the Chapel this could even be combined with going to lunch in the mall or walking to the Boston Public Gardens or Commons.
- Utilize your particular gifts and talents to promote the Blessed Sacrament and the Holy Mass. Examples of gifts and talents are knowledge of social media, video recording, organization, writing, singing, etc. Whatever talents that can benefit the mission to promote the Eucharist.
- Bring our Pilgrimage Icon to your home and invite others to pray
 with you and host an Agape Dinner. This is a dinner hosted by
 you that involves prayer, feasting and fellowship.

Missionaries may meet occasionally to share missionary stories, have fellowship with each other, brainstorm together. Prayer materials and other supplies will be provided by the Chapel. The Year of the Eucharist in the Archdiocese of Boston concludes with the Eucharistic Congress in July 2022.

To enroll or learn more, please contact our pastoral associate, Isabelle, at sfc.pru@gmail.com.